

4 LATAS TARRAGONA	Plaça de la Font, 9			977 42 11 96
A 3 MANS	Salinas, 5	Sunday evening / Monday lunchtime and evening		977 91 57 43
A LA VORA DE L'EBRE	Barcelona, 7	Sunday evenings and Mondays	Baix Ebre and Montsià specialities	977 25 16 45
ALTA MARE	Rambla Vella, 2	---		977 15 66 07
ÀPATS QUATTROS	Sant Domènec, 2	Sunday evenings and Mondays (winter)		977 91 52 83
AQ	Les Coques, 7	---	food in evolution	977 21 59 54
ARCS RESTAURANT	Misser Sitges, 13	Sunday and Monday (we open by appointment)	creative Mediterranean cuisine	977 21 80 40
ARES	Arc de Sant Bernat, 3	Mondays and Tuesdays		977 22 29 06
BALANDRA	Espinach, 18	Monday / Tuesday, Wednesday and Sunday evenings	rice and fish dishes	977 22 12 38
BARHAUS	Sant Llorenç, 20-22	summer: Sundays and Mondays	Elaborate Mediterranean cuisine	977 24 47 70
BOCOIS	Rambla Nova, 24	---		628 58 24 28
CA L'EULÀLIA	Plaça del Bisbe Bonet, s/n	Mondays	Fresh market	977 21 50 75
CAFETERIA EL CORTE INGLÉS	Rambla del President Lluís Companys, 7	Sundays and Public holidays	gastronomic offer based on local products	977 29 73 00 extensió 2323
CAL JOAN	Espinach, 2	Mondays and Sunday evenings	seafood	977 21 92 23
CASA BALCELLS	Pla de la Seu, 5	Tuesdays		977 89 52 65
CASA MATÍAS	Paça de les. Corts Catalanes, 5 (local 2)	---		977 23 86 47

CIRCUS BAR	Rambla Vella, 2	---		977 15 66 07
COIMBRA	Governador González, 6	Sunday and Monday		977 59 15 83
COLOR CAFÈ	Major, 28	Sunday, Saturday afternoons		642 09 25 60
CÓMETE ALGO	Josep Maria Folch i Torres, 4. Centre d'Oci Les Gavarres	---	home cooking	615 45 84 78
CREPERIA EL PALLOL	Plaça del Pallol, 12	winter: Tuesdays and Wednesdays / from Easter to June: Tuesdays	creperie	977 21 76 57
DOMUM GASTROBAR & COPAS	Plaça de la Font, 13	Mondays		977 59 17 79
EL CRANK	Sant Pere, 33	Monday, Tuesday and Wednesday		877 07 27 68
EL LLAGUT	Natzaret, 10 (Plaça del Rei)	winter: Sunday evenings and Monday evenings	rice and fish specialities	977 22 89 38
EL PÒSIT	Moll de pescadors, 25 (El Serrallo)	Winter: Sunday to Thursday evening		977 43 69 12
EL RACÓ DE LA MÓRA	Pg. Móra, 8 baixos	16 November - February	rice specialities	977 65 62 06
EL SOLET	Pare Iglésias, 3	evenings		656 43 70 90
EL TALLER	Sant Pere, 14	Mondays and Sunday evenings		977 13 90 12
EL TERRAT	Pons d'Icart, 19	---	Signature, creative and fresh market cuisine	977 24 84 85
EL TRULL	Ctra. de Barcelona, km. 1.168,5	---	Catalan cuisine, roasts, char- grilled meat, "calçotades" (roasted shallot parties), cod, grilled veal T-bone steak	977 20 97 56
ENTRECOPES	Cavallers, 12	Monday	fresh market cuisine	977 24 37 56
ERIC I	Blanca d'Anjou, 12 (Sant Pere i Sant Pau)	Monday (winter)	tapas	977 20 24 29

FILOSOFÍA RESTAURANTE	Plaça Ripoll, 6	Tuesday evenings	grilled meats and fish, signature hamburgers and Mediterranean tapas	693 47 16 39 / 650 95 47 50
FRANKFURT LA TORRE	Josep M. Folch i Torres, 4, local 19. Centre d'Oci Les Gavarres.	---	fresh market cuisine and fast food	977 55 24 38
FRIDA	Les Coques, 1 bis	Sunday evenings		977 89 54 77
HAI SUSHI	Rovira i Virgili, 42	---		657 31 32 70
HOTEL AC TARRAGONA BY MARRIOTT	Av. Roma, 8	---	Mediterranean cuisine	977 24 71 05
IL CAPANNONE	Josep Maria Folch i Torres, 4, local 11-B-12. Centre d'Oci Les Gavarres	---	Italian cuisine	977 55 35 20
LA BOTIGA	Trafalgar, 31	Mondays	tapes, rice specialities, Mediterranean cuisine	977 21 35 32
LA CASETA DE LES TRES BESSONES	Merceria, 28	Saturday	combo meals, paella and pizza	977 24 28 84
LA CUCAFERA	Plaça Santiago Rusiñol, 5	from Monday to Friday (winter)	rice and fish dishes	977 24 20 07
LA CUINETA	Nou del Patriarca, 2 bis	Sunday	Mediterranean cuisine	977 22 61 01
LA MORADA	Natzaret, 7	Sunday evenings, Mondays and Tuesdays, Wednesday afternoons		877 07 08 62
LA PEPITA	Plaça Jacint Verdaguer, 9	Sunday		699 49 34 48
LA POMA	Higini Anglès, 3	Sunday and public holidays	home cooking and combo meals	977 23 42 56
LA TAULA RODONA	La Nau, 4	Sunday evenings / Monday		977 89 65 06
L'ÀNCORA DEL SERRALLO	Trafalgar, 21	---	rice and fish dishes	617 49 46 54
L'ARROSSERIA	Trafalgar, 1	Tuesdays	rice	606 20 86 30 / 977 27 32 65

LES COQUES	Sant Llorenç, 15	Sunday	fresh market and Mediterranean cuisine	977 22 83 00
L'ESPIGA D'OR - EL RACÓ DEL PLAT I CULLERA	Rovira i Virgili, 17	Saturdays and Sundays	vegetarian and macrobiotic cuisine	977 22 55 08
LOS HERMANOS	Bloc Sant Andreu, escala B, baixos	Mondays	tapas, also specialised in flans	977 11 30 02 / 626 80 97 03
M-15	Platja Llarga, parcel·la 16, Salines B	do not close from Easter to Santa Tecla; the rest of the year is variable.	Mediterranean cuisine, tapas, paella, squid-ink rice dish and noodle dish	977 20 83 00
MAS ROSELLÓ	Pg. Marítim Rafael Casanova, 23	Mondays and Sunday evenings	fresh market cuisine, fish and char-grilled meats	977 24 18 28
McDONALD'S	Ctra. de València, km 5	---	hamburgers and salads	977 54 14 48
MERCERIA 34	Merceria, 34	Tuesdays and Wednesdays		977 85 76 62
MIRALL D'ESTIU	Platja Llarga, s/n	Sunday evenings November to March	fresh fish, rice dishes, tapas and snacks	977 20 84 20 / 639 71 71 17
OCTOPUSSY	Trafalgar, 5	Mondays		977 24 37 32
OSTERIA DEL LAB	Comte, 12	Sunday evenings and Mondays	typical Italian cuisine	657 44 10 04
OSTERIA DEL MARE	Moll de Llevant, B1 (Port esportiu)	Mondays and Sunday evenings		648 07 08 27
PALAU DEL BARÓ	Santa Anna, 3	Sunday evenings and Mondays	Signature Mediterranean cuisine	977 24 14 64
PETIT TÀRRACO	Baró de les IV Torres, 1	Sunday	combo meals, tapas and shellfish	977 22 81 98
PISCOLABIS	Plaça Corsini, 3 baixos esquerra	Sunday		977 23 26 57
PIZZA NOVA	Estanislau Figueras, 47	---	Italian cuisine and home cooking	977 24 02 22
PIZZERIA 8 Y MEDIO	Plaça Jacint Verdaguer, 6	Monday		877 07 63 47

PIZZERIA PULVINAR	Ferrers, 20	winter: Monday through Friday / summer: Wednesday	Pizza, pasta, chargrilled meats, fish, starters and salads	977 23 56 31
QUÈ BO ÈS	Josep Maria Folch i Torres, 4. Centre d'Oci Les Gavarres	Sunday	combination platters	977 54 77 53
RACÓ DE L'ABAT	Abat, 2	Monday	Fresh market cuisine, chargrilled meats and local fish specialities (suquets)	977 78 03 71
RESTAURANT - CAFETERIA LLEVANT	Beethoven, 2-4	--	fresh market cuisine and home cooking	977 19 54 11
RESTAURANT CLUB NÀUTIC TARRAGONA	Edifici nàutic (Port esportiu)	midday on 25/12. Please ask about nights	Signature Mediterranean cuisine	977 22 58 24
RESTAURANT LA SARDINETA	Ctra. Playa Llarga, 11 B	Winter: Mondays, Tuesdays, Wednesdays		977 13 49 09
RESTAURANTE BRISA (Càmping Tamarit)	Ctra. Nacional 340a, km 1172 - Càmping Tamarit Park	from January to March	rice	977 65 13 64
ROOF TOP BAR CAELUM	Rambla Vella, 2	Monday to Wednesday (October - June)		977 15 66 07
SADOLL	Mercè, 1	Sunday and Monday	Mediterranean cuisine	977 24 44 04
SEASONS	Plaça Corsini, 10	Mondays, Tuesdays, Wednesdays		661 54 04 53
SENSE TGN	Taquígraf Martí, 7	Saturday evenings, Sunday and public holidays		977 20 26 24
SENTITS	Plaça de la Font, 25	Sunday evening and Monday lunchtime	sophisticated Tapas	977 22 26 26
TABULARIUM	Plaça del Fòrum, 6	Sunday evenings and Mondays		977 21 43 82
TAKE AWAY SUSHI	Cós del Bou, 9	Sundays and Mondays mornings	sushi	977 24 17 69
TAPEPEAR	Cavallers, 6	Tuesday		877 02 85 50
TARAKON	Plaça de la Fòrum, 1	Winter: Mondays, Tuesdays, Wednesdays		619 03 09 56

TARANTA	Plaça Ponent, 13	Sunday	Mediterranean cuisine	977 22 66 45
TELEPIZZA	Av. Marquès de Montoliu, 2	---	pizzas	977 22 19 19
TELEPIZZA	Montblanc, 14 (Torreforta)	---	pizzas	977 55 13 73
THE CUBE FUSION	Major, 30	---		657 06 38 25
VADEGUST	Pompeu Fabra, 3	Sunday evenings, Monday and Tuesday evenings	rice specialities	977 10 19 30
VARADERO	Trafalgar, 13	---	seafood cuisine. Rice dishes, noodle paella and fish broths	619 42 20 11
VIENA GAVARRES	C. 1, 8. Les Gavarres	---	sandwiches, salads, pastries and café	977 55 52 14
VIENA PARC CENTRAL	Av. Ramón y Cajal, 69	---	sandwiches, salads, pastries and café	977 21 90 48
XINÉS PALACIO ORIENTAL	Amposta, 1 (Torreforta)	---	Asian cuisine and combo meals	977 54 86 16
XOW TERRAZA MARTINI	Mallorca, 18	Monday evenings		977 24 41 79