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| A LA VORA DE L'EBRE | Barcelona, 7 | Sunday evenings and Mondays | Baix Ebre and Montsià specialities | 977 25 16 45 |
| BALANDRA | Espinach, 18 | Monday / Tuesday, Wednesday and Sunday evenings | rice and fish dishes | 977 22 12 38 |
| CA L'EULÀLIA | Plaça del Bisbe Bonet, s/n | Mondays | Fresh market | 977 21 50 75 |
| CAL JOAN | Espinach, 2 | Mondays and Sunday evenings | seafood | 977 21 92 23 |
| EL CRANK | Sant Pere, 33 | Monday, Tuesday and Wednesday | | 877 07 27 68 |
| EL RACO DEL PESCADOR | Gravina, 61 | Monday; Tuesday to Sunday evenings | Mediterranean cuisine, rice and fish dishes, fisherman-style cooking | 977 24 21 69 |
| EL TALLER | Sant Pere, 14 | Mondays and Sunday evenings | | 977 13 90 12 |
| LA XARXA | Sant Pere, 38-40 | Monday | Modern seafood cooking. Rice and fish dishes. | 977 21 45 31 |
| RESTAURANT CLUB NÀUTIC TARRAGONA | Edifici nàutic (Port esportiu) | midday on 25/12. Please ask about nights | Signature Mediterranean cuisine | 977 22 58 24 |
| WOK TARRACO | Port Tarraco, Moll de Llevant | | Asian cuisine, Wok, free buffet | 977 21 57 63 / 692 08 82 00 |