

A 3 MANS	Salinas, 5	Sunday evening / Monday lunchtime and evening		977 91 57 43
A TOCAR FERRO!	Sant Agustí, 19	---		977 21 82 36
ÀPATS QUATTROS	Sant Domènec, 2	Sunday evenings and Mondays (winter)		977 91 52 83
AQ	Les Coques, 7	---	food in evolution	977 21 59 54
ARES	Arc de Sant Bernat, 3	Mondays and Tuesdays		977 22 29 06
BARHAUS	Sant Llorenç, 20-22	summer: Sundays and Mondays	Elaborate Mediterranean cuisine	977 24 47 70
BOCOIS	Rambla Nova, 24	---		628 58 24 28
BRISA	Pg. Marítim Rafael Casanova, s/n (Port esportiu)	Saturday afternoons (winter)	combo meals and tapas. Rice specialities	977 65 13 64
CAL MANO	Cós del Bou, 9	Sunday evenings, Monday evenings, Tuesday and Wednesday evenings	tapas and char-grilled meats	977 23 93 28 / 639 71 73 48
CAP I CUA TAPES	Lleida, 6	Sundays	creative and signature cuisine, casual cooking, tapas	977 21 61 98
CAPPUCCINO	Plaça de la Font, 39-41	---	Catalan cooking, Italian cuisine and home cooking	977 25 29 56
CAPPUCCINO TARRACO	Rambla Nova, 9	---	Mediterranean cuisine	977 22 06 34
CASA MATÍAS	Paça de les. Corts Catalanes, 5 (local 2)	---		977 23 86 47
COLOR CAFÈ	Major, 28	Sunday, Saturday afternoons		642 09 25 60
CÓMETE ALGO	Josep Maria Folch i Torres, 4. Centre d'Oci Les Gavarres	---	home cooking	615 45 84 78
CREPERIA EL PALLOL	Plaça del Pallol, 12	winter: Tuesdays and Wednesdays / from Easter to June: Tuesdays	creperie	977 21 76 57

DOMUM GASTROBAR & COPAS	Plaça de la Font, 13	Mondays		977 59 17 79
EL CEIBO BAR	Plaça de la Font, 8	Mondays mornings		657 49 51 32
EL GALLINER DE L'ANTIQUARI	Santa Anna, 3	Sunday evenings and Mondays	egg based tapas and dishes	977 24 18 43
EL LLAGUT	Natzaret, 10 (Plaça del Rei)	winter: Sunday evenings and Monday evenings	rice and fish specialities	977 22 89 38
EL PÒSIT	Moll de pescadors, 25 (El Serrallo)	Winter: Sunday to Thursday evening		977 43 69 12
EL SOLET	Pare Iglésias, 3	evenings		656 43 70 90
EL TRULL	Ctra. de Barcelona, km. 1.168,5	---	Catalan cuisine, roasts, char-grilled meat, "calçotades" (roasted shallot parties), cod, grilled veal T-bone steak	977 20 97 56
ELS 5 SENTITS	Lleida, 8	Mondays	rice specialities, home and Mediterranean cooking	977 25 31 70
ERIC I	Blanca d'Anjou, 12 (Sant Pere i Sant Pau)	Monday (winter)	tapas	977 20 24 29
ESPAI VI	Santa Anna, 13	winter: Mondays, Tuesdays and Sundays evenings / from March: Mondays	tapas, open-faced sandwiches, salads	672 26 68 94
FÒRUM	Plaça de la Font, 37	Wednesdays except public holidays	fresh market cuisine	977 23 17 18 / 977 21 13 33
FRANKFURT LA TORRE	Josep M. Folch i Torres, 4, local 19. Centre d'Oci Les Gavarres.	---	fresh market cuisine and fast food	977 55 24 38
FRIDA	Les Coques, 1 bis	Sunday evenings		977 89 54 77
HOME RUN	Plaça del Fòrum, 10	Monday		877 65 75 54
LA BOTIFARRA	Cervantes, 5	open evenings only, from 7 p.m.	open-faced sandwiches, cold meats, cheeses, salads, home-made mousses	977 21 65 51
LA BOTIGA	Trafalgar, 31	Mondays	tapes, rice specialities, Mediterranean cuisine	977 21 35 32

LA CASETA DE LES TRES BESSONES	Merceria, 28	Saturday	combo meals, paella and pizza	977 24 28 84
LA CUCAFERA	Plaça Santiago Rusíñol, 5	from Monday to Friday (winter)	rice and fish dishes	977 24 20 07
LA CUINETA	Nou del Patriarca, 2 bis	Sunday	Mediterranean cuisine	977 22 61 01
LA MORADA	Natzaret, 7	Sunday evenings, Mondays and Tuesdays, Wednesday afternoons		877 07 08 62
LA PEPITA	Plaça Jacint Verdaguer, 9	Sunday		699 49 34 48
LA TAULA RODONA	La Nau, 4	Sunday evenings / Monday		977 89 65 06
L'ÀNCORA DEL SERRALLO	Trafalgar, 21	---	rice and fish dishes	617 49 46 54
L'ARROSSERIA	Trafalgar, 1	Tuesdays	rice	606 20 86 30 / 977 27 32 65
LOLA BISTRÓ RESTAURANT	Ventallols, 13	Tuesday and Wednesday (from October)		977 22 27 42
LOS HERMANOS	Bloc Sant Andreu, escala B, baixos	Mondays	tapas, also specialised in flans	977 11 30 02 / 626 80 97 03
M-15	Platja Llarga, parcel·la 16, Salines B	do not close from Easter to Santa Tecla; the rest of the year is variable.	Mediterranean cuisine, tapas, paella, squid-ink rice dish and noodle dish	977 20 83 00
MAS ROSELLÓ	Pg. Marítim Rafael Casanova, 23	Mondays and Sunday evenings	fresh market cuisine, fish and char-grilled meats	977 24 18 28
MESÓN AVENIDA	Bloc Miramar II (Sant Pere i Sant Pau)	Winter: Sunday to Thursday evening/Summer: Wednesdays	home cooking	977 23 58 52
MISTRAL RESTAURANT PIZZERIA	Plaça de la Font, 19	22 December-22 March; and Mondays (1-21 March, April, May, June, October, November and 1-21	pasta, fish, meat, pizzas, salads	977 23 72 22
MORAMAR	Pg. de la Móra, 6	from 24/12 to 01-02	seafood, Mediterranean cuisine and rice dishes	977 65 02 54
OCTOPUSSY	Trafalgar, 5	Mondays		977 24 37 32

OSTERIA DEL MARE	Moll de Llevant, B1 (Port esportiu)	Mondays and Sunday evenings		648 07 08 27
PALAU DEL BARÓ	Santa Anna, 3	Sunday evenings and Mondays	Signature Mediterranean cuisine	977 24 14 64
PARAISO II	Set, 40 (Bonavista)	Tuesdays	assorted tapas	977 54 72 89
PETIT TÀRRACO	Baró de les IV Torres, 1	Sunday	combo meals, tapas and shellfish	977 22 81 98
PISCOLABIS	Plaça Corsini, 3 baixos esquerra	Sunday		977 23 26 57
PIZZA BOSCOS	Centre Comercial, local 14, Ctra. Boscos, 2	Winter: Mondays, Tuesdays, Wednesdays	pizza, pasta and char-grilled meat	977 20 74 45
PIZZA NOVA	Estanislau Figueras, 47	---	Italian cuisine and home cooking	977 24 02 22
PIZZERIA 8 Y MEDIO	Plaça Jacint Verdaguer, 6	Monday		877 07 63 47
PIZZERIA DA MARIO	Méndez Núñez, 7	Sunday	pizzeria, Italian cuisine, barbecue	977 08 21 32 / 610 46 81 08
PIZZERIA DA NICOLA	Comte de Rius, 11	---	pizzas (firewood oven) - home-made fresh pasta	977 23 80 01
PIZZERIA PULVINAR	Ferrers, 20	winter: Monday through Friday / summer: Wednesday	Pizza, pasta, chargrilled meats, fish, starters and salads	977 23 56 31
QUATTROS	Plaça de la Font, 2	Mondays (winter)	tapas, country bread, "montaditos"	628 44 78 35
QUÈ BO ÈS	Josep Maria Folch i Torres, 4. Centre d'Oci Les Gavarres	Sunday	combination platters	977 54 77 53
RESTAURANT LA SARDINETA	Ctra. Plaja Llarga, 11 B	Winter: Mondays, Tuesdays, Wednesdays		977 13 49 09
RESTAURANT PLAÇA DE LA FONT (HOTEL)	Plaça de la Font, 26	Sunday	home cooking	977 24 61 34
RESTAURANT PÒDIUM 29	Plaça de la Font, 29	---		977 13 96 42

RESTAURANTE BRISA (Càmping Tamarit)	Ctra. Nacional 340a, km 1172 - Càmping Tamarit Park	from January to March	rice	977 65 13 64
SEASONS	Plaça Corsini, 10	Mondays, Tuesdays, Wednesdays		661 54 04 53
SENSE TGN	Taquígraf Martí, 7	Saturday evenings, Sunday and public holidays		977 20 26 24
SENTITS	Plaça de la Font, 25	Sunday evening and Monday lunchtime	sophisticated Tapas	977 22 26 26
TABULARIUM	Plaça del Fòrum, 6	Sunday evenings and Mondays		977 21 43 82
TAPEPEAR	Cavallers, 6	Tuesday		877 02 85 50
TARAKON	Plaça de la Fòrum, 1	Winter: Mondays, Tuesdays, Wednesdays		619 03 09 56
THE CUBE FUSION	Major, 30	---		657 06 38 25
TOMA QUE TOMA	Plaça del Fòrum, 6	Wednesday		643 67 30 35
VARADERO	Trafalgar, 13	---	seafood cuisine. Rice dishes, noodle paella and fish broths	619 42 20 11
VERMUTERIA DEL FÒRUM	Plaça del Fòrum	January, February	tapas, open-faced sandwiches, crepes, ice- creams	618 00 87 72
VERMUTERIA GLOBUSS	Plaça del Fòrum, 4	---		618 63 31 62