

5 NACIONES	Autovia Tarragona-Reus, km. 4 (CARREFOUR)	Sundays and public holidays	home cooking	977 54 29 41
A LA VORA DE L'EBRE	Barcelona, 7	Sunday evenings and Mondays	Baix Ebre and Montsià specialities	977 25 16 45
ÀPATS QUATTROS	Sant Domènec, 2	Sunday evenings and Mondays (winter)		977 91 52 83
AQ	Les Coques, 7	---	food in evolution	977 21 59 54
ARCS RESTAURANT	Misser Sitges, 13	Sunday and Monday (we open by appointment)	creative Mediterranean cuisine	977 21 80 40
BALANDRA	Espinach, 18	Monday / Tuesday, Wednesday and Sunday evenings	rice and fish dishes	977 22 12 38
BAR FORMULA 2	Polígon Industrial Riu Clar, c. Sofre, parcel·la 141, local 9-5A	Sundays and Saturday evenings	Home cooking and char-grilled meats	977 54 96 86 / 616 07 66 97
BAR PALLARS	Soler, 19	Sunday, Saturday afternoons		620 46 37 51
BARQUET	Gasòmetre, 16	Sundays and Monday evenings	Local Tarragona cuisine	977 24 00 23
BUFET EL TIBERI	Martí d'Ardenya, 5	Sunday evenings and Mondays	Catalan cuisine and home cooking, typical Catalan buffet	977 24 28 96 / 977 23 54 03
BURGER KING	CN. 340, km. 1.160	---	fast-food	977 55 34 14
CA L'EULÀLIA	Plaça del Bisbe Bonet, s/n	Mondays	Fresh market	977 21 50 75
CAFÈ & ENTREPANS D'OR	Plaça Corsini, 6 baixos	Sunday, Saturday afternoons		
CAFETERIA EL CORTE INGLÉS	Rambla del President Lluís Companys, 7	Sundays and Public holidays	gastronomic offer based on local products	977 29 73 00 extensió 2323
CAL JOAN	Espinach, 2	Mondays and Sunday evenings	seafood	977 21 92 23
CAL PRINCEP	Felip Pedrell, 10	Sundays	market cuisine	977 21 87 59

CAN BONACHÍ	Vileta de Mar, 5 (Arrabassada)	Mondays / Sunday evenings	Fresh market cuisine, fish, traditional Tarragona cookery	977 29 01 99
CAPPUCCINO TARRACO	Rambla Nova, 9	---	Mediterranean cuisine	977 22 06 34
COIMBRA	Governador González, 6	Sunday and Monday		977 59 15 83
DOMINO'S PIZZA	Rambla Nova, 92		pizzas	977 24 17 17
EL CORTIJO	Rebolledo, 24	Sunday, Saturday afternoons	Home cooking - tripe	977 22 48 67
EL GALLINER DE L'ANTIQUARI	Santa Anna, 3	Sunday evenings and Mondays	egg based tapas and dishes	977 24 18 43
EL RACÓ DE LA MÓRA	Pg. Móra, 8 baixos	16 November - February	rice specialities	977 65 62 06
EL RACO DEL PESCADOR	Gravina, 61	Monday; Tuesday to Sunday evenings	Mediterranean cuisine, rice and fish dishes, fisherman-style cooking	977 24 21 69
EL TALLER	Sant Pere, 14	Mondays and Sunday evenings		977 13 90 12
EL TERRAT	Pons d'Icart, 19	---	Signature, creative and fresh market cuisine	977 24 84 85
ELIAN RESTAURANT	Av. Ramón y Cajal, 22	Sundays		676 64 83 91
ENTRECOPES	Cavallers, 12	Monday	fresh market cuisine	977 24 37 56
FILOSOFÍA RESTAURANTE	Plaça Ripoll, 6	Tuesday evenings	grilled meats and fish, signature hamburgers and Mediterranean tapas	693 47 16 39 / 650 95 47 50
FLECA FLAQUÉ	Higini Anglès, 2	---	pizzas, sandwiches, paella, noodle dish, hamburgers...	977 22 22 58
FOSTER'S HOLLYWOOD	Josep Maria Folch i Torres, 4, local 14-15. Centre d'Oci Les Gavarres	---	American cuisine	977 54 17 91
FRANKFURT BOCATA PAI	Reding, 36	Sunday and bank holidays		977 22 67 22

GLI ITALIANI	Taquígraf Martí, 7	Sunday		977 64 81 36
HOTEL AC TARRAGONA BY MARRIOTT	Av. Roma, 8	---	Mediterranean cuisine	977 24 71 05
IL CAPANNONE	Josep Maria Folch i Torres, 4, local 11-B-12. Centre d'Oci Les Gavarres	---	Italian cuisine	977 55 35 20
ISTAMBUL	Sant Domènec, 26	Wednesday/opening hours: 17:00 to 00.00h.	Turkish cuisine: shwarma, döner, kebabs and assorted teas	977 21 67 99
JAPONÈS DAYU SAKURA	Manel de Falla, 10		Japanese cuisine	977 24 46 30
KEBAB TARRAGONA	Pere Martell, 37		Spanish, Pakistani and Indian cuisine	977 23 96 09
LA AMSTELERIA	Av. Vidal i Barraquer, 44		tapas	977 22 66 87
LA BOTIFARRA	Cervantes, 5	open evenings only, from 7 p.m.	open-faced sandwiches, cold meats, cheeses, salads, home-made mousses	977 21 65 51
LA MORADA	Natzaret, 7	Sunday evenings, Mondays and Tuesdays, Wednesday afternoons		877 07 08 62
LA PIEMONTESA TARRAGONA	Plaça Jacint Verdaguer, 3	---	Italian cuisine	977 24 04 16
LA PLATJA	Ras i Claravalls, 2	Christmas, New Year and 6th of January. Monday, Tuesday and Wednesday except from the 1st of July to the 15th of	Mediterranean cuisine, paella and ""calçotades"" (roasted spring onion parties) "	977 29 09 38 / 625 10 31 95
LA POMA	Higini Anglès, 3	Sunday and public holidays	home cooking and combo meals	977 23 42 56
LA TAGLIATELLA	Josep Maria Folch i Torres, 4. Centre d'Oci Les Gavarres	---	Italian cuisine	977 55 72 44
LA VENTA	Riu Garona, local 20 (Campclar)	Sundays and Mondays, Tuesdays, Wednesdays and Thursday evenings	home cooking and char-grilled meats	977 54 09 14
LA XARXA	Sant Pere, 38-40	Monday	Modern seafood cooking. Rice and fish dishes.	977 21 45 31
L'ADELITA GASTROBAR	Cós del Bou, 4	Mondays and Tuesdays		977 50 68 55

L'ENTREPÀ	Rambla Nova, 110	winter: Saturday and Sundays/summer: Saturdays and Sundays	sandwiches	977 22 98 20
LES COQUES	Sant Llorenç, 15	Sunday	fresh market and Mediterranean cuisine	977 22 83 00
L'ESMORZAR	Prat de la Riba, 21	Saturdays and Sundays	home cooking	977 21 11 58
L'ESPIGA D'OR - EL RACÓ DEL PLAT I CULLERA	Rovira i Virgili, 17	Saturdays and Sundays	vegetarian and macrobiotic cuisine	977 22 55 08
LO GAT	Vila-roma, 10	Mondays and Sundays and for lunch	open-faced sandwiches and salads	977 24 47 97
LOLA BISTRÓ RESTAURANT	Ventallols, 13	Tuesday and Wednesday (from October)		977 22 27 42
McDONALD'S	Ctra. de València, km 5	---	hamburgers and salads	977 54 14 48
McDONALD'S	Joan Amades i Gelats, 6. Les Gavarres.	---	hamburger and salads	977 55 22 12
MIL BUDAS	Rovira i Virgili, 38	Sunday evenings and Mondays	Asian cuisine	977 23 83 23
MIRALL D'ESTIU	Platja Llarga, s/n	Sunday evenings November to March	fresh fish, rice dishes, tapas and snacks	977 20 84 20 / 639 71 71 17
OSTERIA DEL LAB	Comte, 12	Sunday evenings and Mondays	typical Italian cuisine	657 44 10 04
PITICUIXA	Cardenal Cervantes, 14	Monday, Tuesday evenings, Wednesday evenings, Sunday	char-grilled meats	977 23 06 49
PIZZA NOVA	Estanislau Figueras, 47	---	Italian cuisine and home cooking	977 24 02 22
PIZZERIA CASANOSTRA	Unió, 40 baixos	Tuesday lunchtimes	Italian cuisine and Algerian cuisine to order (1 day in advance)	977 23 23 67 / 632 94 02 83
RACÓ DEL CARNIVOR	Av. Andorra, 10	dilluns	carn a la brasa, braseria, cargols a la llauna	977 24 24 89
RACÓ D'EN MAGINET	Felip Pedrell, 1	---	home cooking and tapas	977 59 14 63

RESTAURANT - CAFETERIA LLEVANT	Beethoven, 2-4	--	fresh market cuisine and home cooking	977 19 54 11
RESTAURANT CANADA (HOTEL CANADA)	Ctra. València, 213 (Torreforta)	from Christmas to New Year	Mediterranean, Catalan and international cuisine	977 54 16 33
RESTAURANT CLUB NÀUTIC TARRAGONA	Edifici nàutic (Port esportiu)	midday on 25/12. Please ask about nights	Signature Mediterranean cuisine	977 22 58 24
RESTAURANT MARE NOSTRUM (HOTEL SB CIUTAT DE TARRAGONA)	Plaça Imperial Tàrraco, 5 (1a. planta hotel)	---	Mediterranean cuisine	977 25 09 99
RISTORANTE PIZZERIA ITALIANA PULCINELLA	Pere Martell, 52-54	---	Italian cuisine: pizzas, pasta, and meat and fish	977 11 20 88
SADOLL	Mercè, 1	Sunday and Monday	Mediterranean cuisine	977 24 44 04
SAPORO	Plaça de les Corts Catalanes, 6	---	Japanese cuisine	977 21 99 29
SEASONS	Plaça Corsini, 10	Mondays, Tuesdays, Wednesdays		661 54 04 53
SENSE TGN	Taquígraf Martí, 7	Saturday evenings, Sunday and public holidays		977 20 26 24
TAKE AWAY SUSHI	Cós del Bou, 9	Sundays and Mondays mornings	sushi	977 24 17 69
TARANTA	Plaça Ponent, 13	Sunday	Mediterranean cuisine	977 22 66 45
TÀSTUM HAMBURGUESERIA	Plaça de la Font, 23	Mondays	hamburger and combo meals	977 08 58 20
TELEPIZZA	Montblanc, 14 (Torreforta)	---	pizzas	977 55 13 73
TELEPIZZA	Av. Marquès de Montoliu, 2	---	pizzas	977 22 19 19
TÒFUL	Arc de St. Bernat, 4 (Plaça del Fòrum)	Mondays	personal Mediterranean cuisine	977 21 42 16
TROPICAL	Baró de les IV Torres, 9	Saturdays	home and Mediterranean cooking	977 21 10 84

UDON Noodle Bar & Restaurant	Av. Vidal i Barraquer, 15-17 - Parc Central	---	We are specialists in Asian noodles	977 23 39 17
VADEGUST	Pompeu Fabra, 3	Sunday evenings, Monday and Tuesday evenings	rice specialities	977 10 19 30
VIENA GAVARRES	C. 1, 8. Les Gavarres	---	sandwiches, salads, pastries and café	977 55 52 14
VIENA PARC CENTRAL	Av. Ramón y Cajal, 69	---	sandwiches, salads, pastries and café	977 21 90 48
WOK TARRACO	Port Tarraco, Moll de Llevant		Asian cuisine, Wok, free buffet	977 21 57 63 / 692 08 82 00
XINÈS CHINA TOWN	Plaça dels Carros, 9 baixos	Wednesday evenings	Chinese food	977 22 94 84
XINÈS III MILENIO	Pere Martell, 43	---	Chinese food	977 23 01 74
XINÈS PALACIO ORIENTAL	Amposta, 1 (Torreforta)	---	Asian cuisine and combo meals	977 54 86 16
XINÈS TIAN AN MEN	Av. Marquès de Montoliu, 2		Chinese food	977 24 54 04
XOW TERRAZA MARTINI	Mallorca, 18	Monday evenings		977 24 41 79