

5 NACIONES	Autovia Tarragona-Reus, km. 4 (CARREFOUR)	Sundays and public holidays	home cooking	977 54 29 41
ÀPATS QUATTROS	Sant Domènec, 2	Sunday evenings and Mondays (winter)		977 91 52 83
AQ	Les Coques, 7	---	food in evolution	977 21 59 54
ARCS RESTAURANT	Misser Sitges, 13	Sunday and Monday (we open by appointment)	creative Mediterranean cuisine	977 21 80 40
BALANDRA	Espinach, 18	Monday / Tuesday, Wednesday and Sunday evenings	rice and fish dishes	977 22 12 38
BAR FORMULA 2	Polígon Industrial Riu Clar, c. Sofre, parcel·la 141, local 9-5A	Sundays and Saturday evenings	Home cooking and char-grilled meats	977 54 96 86 / 616 07 66 97
BARQUET	Gasòmetre, 16	Sundays and Monday evenings	Local Tarragona cuisine	977 24 00 23
BURGER KING	CN. 340, km. 1.160	---	fast-food	977 55 34 14
CA L'EULÀLIA	Plaça del Bisbe Bonet, s/n	Mondays	Fresh market	977 21 50 75
CAFÈ & ENTREPANS D'OR	Plaça Corsini, 6 baixos	Sunday, Saturday afternoons		
CAFETERIA EL CORTE INGLÈS	Rambla del President Lluís Companys, 7	Sundays and Public holidays	gastronomic offer based on local products	977 29 73 00 extensió 2323
CAN BONACHÍ	Vileta de Mar, 5 (Arrabassada)	Mondays / Sunday evenings	Fresh market cuisine, fish, traditional Tarragona cookery	977 29 01 99
CAPPUCCINO TARRACO	Rambla Nova, 9	---	Mediterranean cuisine	977 22 06 34
EL GALLINER DE L'ANTIQUARI	Santa Anna, 3	Sunday evenings and Mondays	egg based tapas and dishes	977 24 18 43
EL RACÓ DE LA MÓRA	Pg. Móra, 8 baixos	16 November - February	rice specialities	977 65 62 06
EL RACO DEL PESCADOR	Gravina, 61	Monday; Tuesday to Sunday evenings	Mediterranean cuisine, rice and fish dishes, fisherman-style cooking	977 24 21 69

EL TALLER	Sant Pere, 14	Mondays and Sunday evenings		977 13 90 12
EL TERRAT	Pons d'Icart, 19	---	Signature, creative and fresh market cuisine	977 24 84 85
FILOSOFÍA RESTAURANTE	Plaça Ripoll, 6	Tuesday evenings	grilled meats and fish, signature hamburgers and Mediterranean tapas	693 47 16 39 / 650 95 47 50
FLECA FLAQUÉ	Higini Anglès, 2	---	pizzas, sandwiches, paella, noodle dish, hamburgers...	977 22 22 58
FOSTER'S HOLLYWOOD	Josep Maria Folch i Torres, 4, local 14-15. Centre d'Oci Les Gavarres	---	American cuisine	977 54 17 91
FRANKFURT BOCATA PAI	Reding, 36	Sunday and bank holidays		977 22 67 22
GLI ITALIANI	Taquígraf Martí, 7	Sunday		977 64 81 36
HOTEL AC TARRAGONA BY MARRIOTT	Av. Roma, 8	---	Mediterranean cuisine	977 24 71 05
IL CAPANNONE	Josep Maria Folch i Torres, 4, local 11-B-12. Centre d'Oci Les Gavarres	---	Italian cuisine	977 55 35 20
JAPONÈS DAYU SAKURA	Manel de Falla, 10		Japanese cuisine	977 24 46 30
KEBAB TARRAGONA	Pere Martell, 37		Spanish, Pakistani and Indian cuisine	977 23 96 09
LA AMSTELERIA	Av. Vidal i Barraquer, 44		tapas	977 22 66 87
LA PIEMONTESA TARRAGONA	Plaça Jacint Verdaguer, 3	---	Italian cuisine	977 24 04 16
LA PLATJA	Ras i Claravalls, 2	Christmas, New Year and 6th of January. Monday, Tuesday and Wednesday except from the 1st of July to the 15th of	Mediterranean cuisine, paella and ""calçotades"" (roasted spring onion parties) "	977 29 09 38 / 625 10 31 95
LA POMA	Higini Anglès, 3	Sunday and public holidays	home cooking and combo meals	977 23 42 56
LA TAGLIATELLA	Josep Maria Folch i Torres, 4. Centre d'Oci Les Gavarres	---	Italian cuisine	977 55 72 44

LA XARXA	Sant Pere, 38-40	Monday	Modern seafood cooking. Rice and fish dishes.	977 21 45 31
L'ENTREPÀ	Rambla Nova, 110	winter: Saturday and Sundays/summer: Saturdays and Sundays	sandwiches	977 22 98 20
LES COQUES	Sant Llorenç, 15	Sunday	fresh market and Mediterranean cuisine	977 22 83 00
L'ESPIGA D'OR - EL RACÓ DEL PLAT I CULLERA	Rovira i Virgili, 17	Saturdays and Sundays	vegetarian and macrobiotic cuisine	977 22 55 08
LOLA BISTRÓ RESTAURANT	Ventallols, 13	Tuesday and Wednesday (from October)		977 22 27 42
McDONALD'S	Joan Amades i Gelats, 6. Les Gavarres.	---	hamburger and salads	977 55 22 12
McDONALD'S	Ctra. de València, km 5	---	hamburgers and salads	977 54 14 48
MIRALL D'ESTIU	Platja Llarga, s/n	Sunday evenings November to March	fresh fish, rice dishes, tapas and snacks	977 20 84 20 / 639 71 71 17
RACÓ D'EN MAGINET	Felip Pedrell, 1	---	home cooking and tapas	977 59 14 63
RESTAURANT CANADA (HOTEL CANADA)	Ctra. València, 213 (Torreforta)	from Christmas to New Year	Mediterranean, Catalan and international cuisine	977 54 16 33
RESTAURANT CLUB NÀUTIC TARRAGONA	Edifici nàutic (Port esportiu)	midday on 25/12. Please ask about nights	Signature Mediterranean cuisine	977 22 58 24
RESTAURANT MARE NOSTRUM (HOTEL SB CIUTAT DE TARRAGONA)	Plaça Imperial Tàrraco, 5 (1a. planta hotel)	---	Mediterranean cuisine	977 25 09 99
RISTORANTE PIZZERIA ITALIANA PULCINELLA	Pere Martell, 52-54	---	Italian cuisine: pizzas, pasta, and meat and fish	977 11 20 88
SAPPORO	Plaça de les Corts Catalanes, 6	---	Japanese cuisine	977 21 99 29
SEASONS	Plaça Corsini, 10	Mondays, Tuesdays, Wednesdays		661 54 04 53
SENSE TGN	Taquígraf Martí, 7	Saturday evenings, Sunday and public holidays		977 20 26 24

TAKE AWAY SUSHI	Cós del Bou, 9	Sundays and Mondays mornings	sushi	977 24 17 69
TARANTA	Plaça Ponent, 13	Sunday	Mediterranean cuisine	977 22 66 45
TÀSTUM HAMBURGUESERIA	Plaça de la Font, 23	Mondays	hamburger and combo meals	977 08 58 20
TELEPIZZA	Montblanc, 14 (Torreforta)	---	pizzas	977 55 13 73
TÒFUL	Arc de St. Bernat, 4 (Plaça del Fòrum)	Mondays	personal Mediterranean cuisine	977 21 42 16
UDON Noodle Bar & Restaurant	Av. Vidal i Barraquer, 15-17 - Parc Central	---	We are specialists in Asian noodles	977 23 39 17
VADEGUST	Pompeu Fabra, 3	Sunday evenings, Monday and Tuesday evenings	rice specialities	977 10 19 30
VIENA GAVARRES	C. 1, 8. Les Gavarres	---	sandwiches, salads, pastries and café	977 55 52 14
VIENA PARC CENTRAL	Av. Ramón y Cajal, 69	---	sandwiches, salads, pastries and café	977 21 90 48
WOK TARRACO	Port Tarraco, Moll de Llevant		Asian cuisine, Wok, free buffet	977 21 57 63 / 692 08 82 00
XINÈS III MILENIO	Pere Martell, 43	---	Chinese food	977 23 01 74
XINÈS PALACIO ORIENTAL	Amposta, 1 (Torreforta)	---	Asian cuisine and combo meals	977 54 86 16
XOW TERRAZA MARTINI	Mallorca, 18	Monday evenings		977 24 41 79