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| 4 LATAS TARRAGONA | Plaça de la Font, 9  |   |  | 977 42 11 96                |
| 5 NACIONES        | Autovia Tarragona-Reus, km. 4 (CARREFOUR)                        | Sundays and public holidays                     | home cooking                             | 977 54 29 41                |
| A 3 MANS          | Salinas, 5   | Sunday evening / Monday lunchtime and evening   |  | 977 91 57 43                |
| A TOCAR FERRO!    | Sant Agustí, 19  | ---   |  | 977 21 82 36                |
| ALTA MARE         | Rambla Vella, 2  | ---   |  | 977 15 66 07                |
| ÀPATS QUATTROS    | Sant Domènec, 2  | Sunday evenings and Mondays (winter)            |  | 977 91 52 83                |
| AQ                | Les Coques, 7  | ---   | food in evolution                        | 977 21 59 54                |
| ARCS RESTAURANT   | Misser Sitges, 13  | Sunday and Monday (we open by appointment)      | creative Mediterranean cuisine           | 977 21 80 40                |
| ARES              | Arc de Sant Bernat, 3  | Mondays and Tuesdays                            |  | 977 22 29 06                |
| BALANDRA          | Espinach, 18   | Monday / Tuesday, Wednesday and Sunday evenings | rice and fish dishes                     | 977 22 12 38                |
| BAR FORMULA 2     | Polígon Industrial Riu Clar, c. Sofre, parcel·la 141, local 9-5A | Sundays and Saturday evenings                   | Home cooking and char-grilled meats      | 977 54 96 86 / 616 07 66 97 |
| BARHAUS           | Sant Llorenç, 20-22  | summer: Sundays and Mondays                     | Elaborate Mediterranean cuisine          | 977 24 47 70                |
| BARQUET           | Gasòmetre, 16  | Sundays and Monday evenings                     | Local Tarragona cuisine                  | 977 24 00 23                |
| BOCOIS            | Rambla Nova, 24  | ---   |  | 628 58 24 28                |
| BRISA             | Pg. Marítim Rafael Casanova, s/n (Port esportiu)                 | Saturday afternoons (winter)                    | combo meals and tapas. Rice specialities | 977 65 13 64                |
| BURGER KING       | CN. 340, km. 1.160   | ---   | fast-food                                | 977 55 34 14                |

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| CA L'EULÀLIA               | Plaça del Bisbe Bonet, s/n                               | Mondays  | Fresh market  | 977 21 50 75                |
| CAFÈ & ENTREPANS D'OR      | Plaça Corsini, 6 baixos                                  | Sunday, Saturday afternoons                                      |   |                             |
| CAFETERIA EL CORTE INGLÉS  | Rambla del President Lluís Companys, 7                   | Sundays and Public holidays                                      | gastronomic offer based on local products                 | 977 29 73 00 extensió 2323  |
| CAL MANO                   | Cós del Bou, 9   | Sunday evenings, Monday evenings, Tuesday and Wednesday evenings | tapas and char-grilled meats                              | 977 23 93 28 / 639 71 73 48 |
| CAN BONACHÍ                | Vileta de Mar, 5 (Arrabassada)                           | Mondays / Sunday evenings  | Fresh market cuisine, fish, traditional Tarragona cookery | 977 29 01 99                |
| CAP I CUA TAPES            | Lleida, 6  | Sundays  | creative and signature cuisine, casual cooking, tapas     | 977 21 61 98                |
| CAPPUCCINO                 | Plaça de la Font, 39-41                                  | ---  | Catalan cooking, Italian cuisine and home cooking         | 977 25 29 56                |
| CAPPUCCINO TARRACO         | Rambla Nova, 9   | ---  | Mediterranean cuisine                                     | 977 22 06 34                |
| CASA BALCELLS              | Pla de la Seu, 5   | Tuesdays   |   | 977 89 52 65                |
| CASA MATÍAS                | Plaça de les Corts Catalanes, 5 (local 2)                | ---  |   | 977 23 86 47                |
| CIRCUS BAR                 | Rambla Vella, 2  | ---  |   | 977 15 66 07                |
| COLOR CAFÈ                 | Major, 28  | Sunday, Saturday afternoons                                      |   | 642 09 25 60                |
| CÓMETE ALGO                | Josep Maria Folch i Torres, 4. Centre d'Oci Les Gavarres | ---  | home cooking  | 615 45 84 78                |
| EL CRANK                   | Sant Pere, 33  | Monday, Tuesday and Wednesday                                    |   | 877 07 27 68                |
| EL GALLINER DE L'ANTIQUARI | Santa Anna, 3  | Sunday evenings and Mondays                                      | egg based tapas and dishes                                | 977 24 18 43                |
| EL PÒSIT                   | Moll de pescadors, 25 (El Serrallo)                      | Winter: Sunday to Thursday evening                               |   | 977 43 69 12                |

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| EL RACÓ DE LA MÓRA             | Pg. Móra, 8 baixos  | 16 November - February             | rice specialities  | 977 65 62 06                |
| EL RACO DEL PESCADOR           | Gravina, 61   | Monday; Tuesday to Sunday evenings | Mediterranean cuisine, rice and fish dishes, fisherman-style cooking | 977 24 21 69                |
| EL SOLET                       | Pare Iglésias, 3  | evenings                           |  | 656 43 70 90                |
| EL TALLER                      | Sant Pere, 14   | Mondays and Sunday evenings        |  | 977 13 90 12                |
| ELS 5 SENTITS                  | Lleida, 8   | Mondays                            | rice specialities, home and Mediterranean cooking                    | 977 25 31 70                |
| ERIC I                         | Blanca d'Anjou, 12 (Sant Pere i Sant Pau)                               | Monday (winter)                    | tapas  | 977 20 24 29                |
| FILOSOFÍA RESTAURANTE          | Plaça Ripoll, 6   | Tuesday evenings                   | grilled meats and fish, signature hamburgers and Mediterranean tapas | 693 47 16 39 / 650 95 47 50 |
| FLECA FLAQUÉ                   | Higini Anglès, 2  | ---                                | pizzas, sandwiches, paella, noodle dish, hamburgers...               | 977 22 22 58                |
| FOSTER'S HOLLYWOOD             | Josep Maria Folch i Torres, 4, local 14-15. Centre d'Oci Les Gavarres   | ---                                | American cuisine   | 977 54 17 91                |
| FRANKFURT BOCATA PAI           | Reding, 36  | Sunday and bank holidays           |  | 977 22 67 22                |
| FRANKFURT LA TORRE             | Josep M. Folch i Torres, 4, local 19. Centre d'Oci Les Gavarres.        | ---                                | fresh market cuisine and fast food                                   | 977 55 24 38                |
| FRIDA                          | Les Coques, 1 bis   | Sunday evenings                    |  | 977 89 54 77                |
| GLI ITALIANI                   | Taquígraf Martí, 7  | Sunday                             |  | 977 64 81 36                |
| HAI SUSHI                      | Rovira i Virgili, 42  | ---                                |  | 657 31 32 70                |
| HOTEL AC TARRAGONA BY MARRIOTT | Av. Roma, 8   | ---                                | Mediterranean cuisine  | 977 24 71 05                |
| IL CAPANNONE                   | Josep Maria Folch i Torres, 4, local 11-B-12. Centre d'Oci Les Gavarres | ---                                | Italian cuisine  | 977 55 35 20                |

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| JAPONÈS DAYU SAKURA            | Manel de Falla, 10                                       |  | Japanese cuisine  | 977 24 46 30                |
| KEBAB TARRAGONA                | Pere Martell, 37   |  | Spanish, Pakistani and Indian cuisine   | 977 23 96 09                |
| LA AMSTELERIA                  | Av. Vidal i Barraquer, 44                                |  | tapas   | 977 22 66 87                |
| LA BOTIGA                      | Trafalgar, 31  | Mondays  | tapes, rice specialities, Mediterranean cuisine                                   | 977 21 35 32                |
| LA CASETA DE LES TRES BESSONES | Merceria, 28   | Saturday   | combo meals, paella and pizza   | 977 24 28 84                |
| LA CUINETA                     | Nou del Patriarca, 2 bis                                 | Sunday   | Mediterranean cuisine   | 977 22 61 01                |
| LA PEPITA                      | Plaça Jacint Verdaguer, 9                                | Sunday   |   | 699 49 34 48                |
| LA PIEMONTESA TARRAGONA        | Plaça Jacint Verdaguer, 3                                | ---  | Italian cuisine   | 977 24 04 16                |
| LA PLATJA                      | Ras i Claravalls, 2                                      | Christmas, New Year and 6th of January. Monday, Tuesday and Wednesday except from the 1st of July to the 15th of | Mediterranean cuisine, paella and ""calçotades"" (roasted spring onion parties) " | 977 29 09 38 / 625 10 31 95 |
| LA POMA                        | Higini Anglès, 3   | Sunday and public holidays   | home cooking and combo meals  | 977 23 42 56                |
| LA TAGLIATELLA                 | Josep Maria Folch i Torres, 4. Centre d'Oci Les Gavarres | ---  | Italian cuisine   | 977 55 72 44                |
| LA TAULA RODONA                | La Nau, 4  | Sunday evenings / Monday   |   | 977 89 65 06                |
| LA XARXA                       | Sant Pere, 38-40   | Monday   | Modern seafood cooking. Rice and fish dishes.                                     | 977 21 45 31                |
| L'ÀNCORA DEL SERRALLO          | Trafalgar, 21  | ---  | rice and fish dishes  | 617 49 46 54                |
| L'ENTREPÀ                      | Rambla Nova, 110   | winter: Saturday and Sundays/summer: Saturdays and Sundays   | sandwiches  | 977 22 98 20                |
| LES COQUES                     | Sant Llorenç, 15   | Sunday   | fresh market and Mediterranean cuisine  | 977 22 83 00                |

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| L'ESPIGA D'OR - EL RACÓ DEL PLAT I CULLERA | Rovira i Virgili, 17                                     | Saturdays and Sundays                                 | vegetarian and macrobiotic cuisine  | 977 22 55 08                |
| MAS ROSELLÓ                                | Pg. Marítim Rafael Casanova, 23                          | Mondays and Sunday evenings                           | fresh market cuisine, fish and char-grilled meats                             | 977 24 18 28                |
| McDONALD'S                                 | Joan Amades i Gelats, 6. Les Gavarres.                   | ---   | hamburger and salads  | 977 55 22 12                |
| McDONALD'S                                 | Ctra. de València, km 5                                  | ---   | hamburgers and salads   | 977 54 14 48                |
| MESÓN AVENIDA                              | Bloc Miramar II (Sant Pere i Sant Pau)                   | Winter: Sunday to Thursday evening/Summer: Wednesdays | home cooking  | 977 23 58 52                |
| MIRALL D'ESTIU                             | Platja Llarga, s/n                                       | Sunday evenings November to March                     | fresh fish, rice dishes, tapas and snacks                                     | 977 20 84 20 / 639 71 71 17 |
| MORAMAR                                    | Pg. de la Móra, 6  | from 24/12 to 01-02                                   | seafood, Mediterranean cuisine and rice dishes                                | 977 65 02 54                |
| OCTOPUSSY                                  | Trafalgar, 5   | Mondays   |   | 977 24 37 32                |
| OSTERIA DEL MARE                           | Moll de Llevant, B1 (Port esportiu)                      | Mondays and Sunday evenings                           |   | 648 07 08 27                |
| PARAISO II                                 | Set, 40 (Bonavista)                                      | Tuesdays  | assorted tapas  | 977 54 72 89                |
| PETIT TÀRRACO                              | Baró de les IV Torres, 1                                 | Sunday  | combo meals, tapas and shellfish  | 977 22 81 98                |
| PISCOLABIS                                 | Plaça Corsini, 3 baixos esquerra                         | Sunday  |   | 977 23 26 57                |
| PIZZA BOSCOS                               | Centre Comercial, local 14, Ctra. Boscos, 2              | Winter: Mondays, Tuesdays, Wednesdays                 | pizza, pasta and char-grilled meat  | 977 20 74 45                |
| PIZZERIA 8 Y MEDIO                         | Plaça Jacint Verdaguer, 6                                | Monday  |   | 877 07 63 47                |
| QUÈ BO ÈS                                  | Josep Maria Folch i Torres, 4. Centre d'Oci Les Gavarres | Sunday  | combination platters  | 977 54 77 53                |
| RACÓ DE L'ABAT                             | Abat, 2  | Monday  | Fresh market cuisine, chargrilled meats and local fish specialities (suquets) | 977 78 03 71                |

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| RACÓ D'EN MAGINET                                      | Felip Pedrell, 1                                    | ---   | home cooking and tapas                            | 977 59 14 63 |
| RESTAURANT CANADA (HOTEL CANADA)                       | Ctra. València, 213 (Torreforta)                    | from Christmas to New Year                    | Mediterranean, Catalan and international cuisine  | 977 54 16 33 |
| RESTAURANT CLUB NÀUTIC TARRAGONA                       | Edifici nàutic (Port esportiu)                      | midday on 25/12. Please ask about nights      | Signature Mediterranean cuisine                   | 977 22 58 24 |
| RESTAURANT LA SARDINETA                                | Ctra. Plaja Llarga, 11 B                            | Winter: Mondays, Tuesdays, Wednesdays         |   | 977 13 49 09 |
| RESTAURANT MARE NOSTRUM (HOTEL SB CIUTAT DE TARRAGONA) | Plaça Imperial Tàrraco, 5 (1a. planta hotel)        | ---   | Mediterranean cuisine                             | 977 25 09 99 |
| RESTAURANT PLAÇA DE LA FONT (HOTEL)                    | Plaça de la Font, 26                                | Sunday  | home cooking                                      | 977 24 61 34 |
| RESTAURANT PÒDIUM 29                                   | Plaça de la Font, 29                                | ---   |   | 977 13 96 42 |
| RESTAURANTE BRISA (Càmping Tamarit)                    | Ctra. Nacional 340a, km 1172 - Càmping Tamarit Park | from January to March                         | rice  | 977 65 13 64 |
| RISTORANTE PIZZERIA ITALIANA PULCINELLA                | Pere Martell, 52-54                                 | ---   | Italian cuisine: pizzas, pasta, and meat and fish | 977 11 20 88 |
| ROOF TOP BAR CAELUM                                    | Rambla Vella, 2                                     | Monday to Wednesday (October - June)          |   | 977 15 66 07 |
| SAPORO   | Plaça de les Corts Catalanes, 6                     | ---   | Japanese cuisine                                  | 977 21 99 29 |
| SENSE TGN  | Taquígraf Martí, 7                                  | Saturday evenings, Sunday and public holidays |   | 977 20 26 24 |
| SENTITS  | Plaça de la Font, 25                                | Sunday evening and Monday lunchtime           | sophisticated Tapas                               | 977 22 26 26 |
| TAKE AWAY SUSHI  | Cós del Bou, 9                                      | Sundays and Mondays mornings                  | sushi   | 977 24 17 69 |
| TARANTA  | Plaça Ponent, 13                                    | Sunday  | Mediterranean cuisine                             | 977 22 66 45 |
| TÀSTUM HAMBURGUESERIA                                  | Plaça de la Font, 23                                | Mondays                                       | hamburger and combo meals                         | 977 08 58 20 |

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| TELEPIZZA                    | Montblanc, 14 (Torreforta)                  | ---  | pizzas  | 977 55 13 73                |
| THE CUBE FUSION              | Major, 30                                   | ---  |   | 657 06 38 25                |
| TÒFUL                        | Arc de St. Bernat, 4 (Plaça del Fòrum)      | Mondays                                      | personal Mediterranean cuisine                              | 977 21 42 16                |
| UDON Noodle Bar & Restaurant | Av. Vidal i Barraquer, 15-17 - Parc Central | ---  | We are specialists in Asian noodles                         | 977 23 39 17                |
| VADEGUST                     | Pompeu Fabra, 3                             | Sunday evenings, Monday and Tuesday evenings | rice specialities   | 977 10 19 30                |
| VARADERO                     | Trafalgar, 13                               | ---  | seafood cuisine. Rice dishes, noodle paella and fish broths | 619 42 20 11                |
| VERMUTERIA GLOBUSS           | Plaça del Fòrum, 4                          | ---  |   | 618 63 31 62                |
| VIENA GAVARRES               | C. 1, 8. Les Gavarres                       | ---  | sandwiches, salads, pastries and café                       | 977 55 52 14                |
| VIENA PARC CENTRAL           | Av. Ramón y Cajal, 69                       | ---  | sandwiches, salads, pastries and café                       | 977 21 90 48                |
| WOK TARRACO                  | Port Tarraco, Moll de Llevant               |  | Asian cuisine, Wok, free buffet                             | 977 21 57 63 / 692 08 82 00 |
| XINÈS III MILENIO            | Pere Martell, 43                            | ---  | Chinese food  | 977 23 01 74                |
| XINÈS PALACIO ORIENTAL       | Amposta, 1 (Torreforta)                     | ---  | Asian cuisine and combo meals                               | 977 54 86 16                |
| XOW TERRAZA MARTINI          | Mallorca, 18                                | Monday evenings                              |   | 977 24 41 79                |